

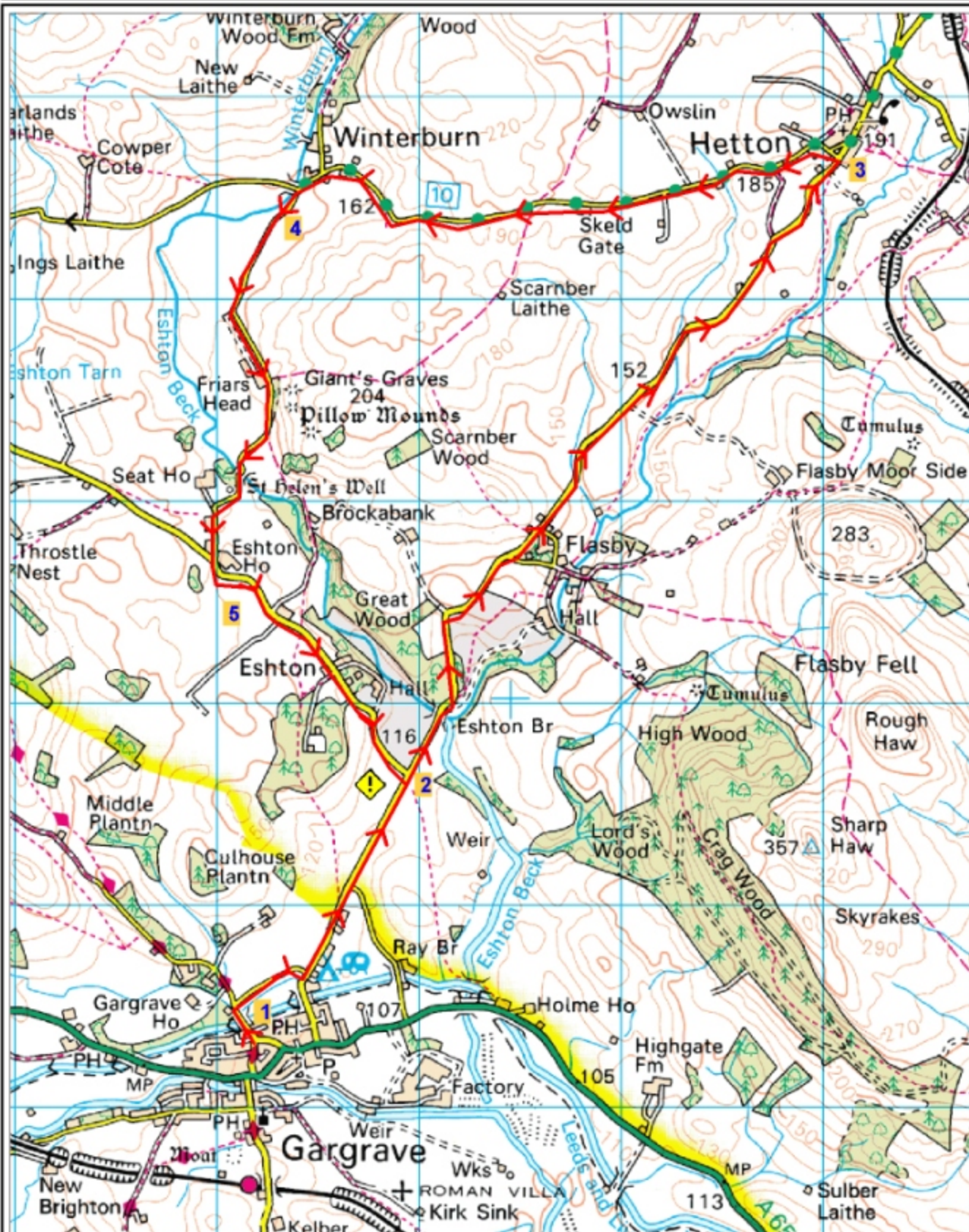
Gargrave - Short

Scale 1:25000



Start: Gargrave

Distance: 8 miles (14km)



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GARGRAVE CIRCULAR

Start and finish	Gargrave village hall
Distance	8 miles (14km)
Refreshments	Gargrave and Hetton
Toilets	Gargrave
Nearest train station	Gargrave

This is a relatively short route with no big climbs, which takes you from the small town of Gargrave up into the southern Yorkshire Dales. The roads have little traffic, and there are great views of Flasby and Barden Moors. Gargrave has the well known cyclists' café called the Dalesman, and at Hetton is the Angel Inn which is famous for its food.

ROUTE DESCRIPTION

1. Gargrave village hall is close to a free car park, and if you are coming from the train station is just on the other side of the A65 down the side of the Dalesman café. Facing the entrance to the village hall you need to take the small road to the left. This takes you over the Leeds to Liverpool canal, then turn immediately right. At the end of this road turn left, and follow this road out of Gargrave.
2. At the end of a straight section take care as you turn right signed to Grassington. This road is followed through Flasby to Hetton. There are a few short climbs on the way, and lovely views over the Dales.
3. When you arrive in Hetton you turn sharp left, almost doubling back on yourself, on the road signed to Winterburn and Airton. If you fancy a break the Angel Inn is 100m further up the road. This quiet road wends its way through the undulating countryside to reach a small hamlet called Winterburn.
4. The Yorkshire Dales Cycleway turns right here. Do not take this turn unless you want to extend the ride – carry straight on. This road shortly takes you past Friars Head, a lovely building originally used by Furness Abbey who controlled land nearby. You also pass close to St Helens Well, a natural spring whose waters were reputed to have healing properties.
5. At the T-junction turn left and follow this slightly busier road back to Gargrave passing Eshton Hall.