

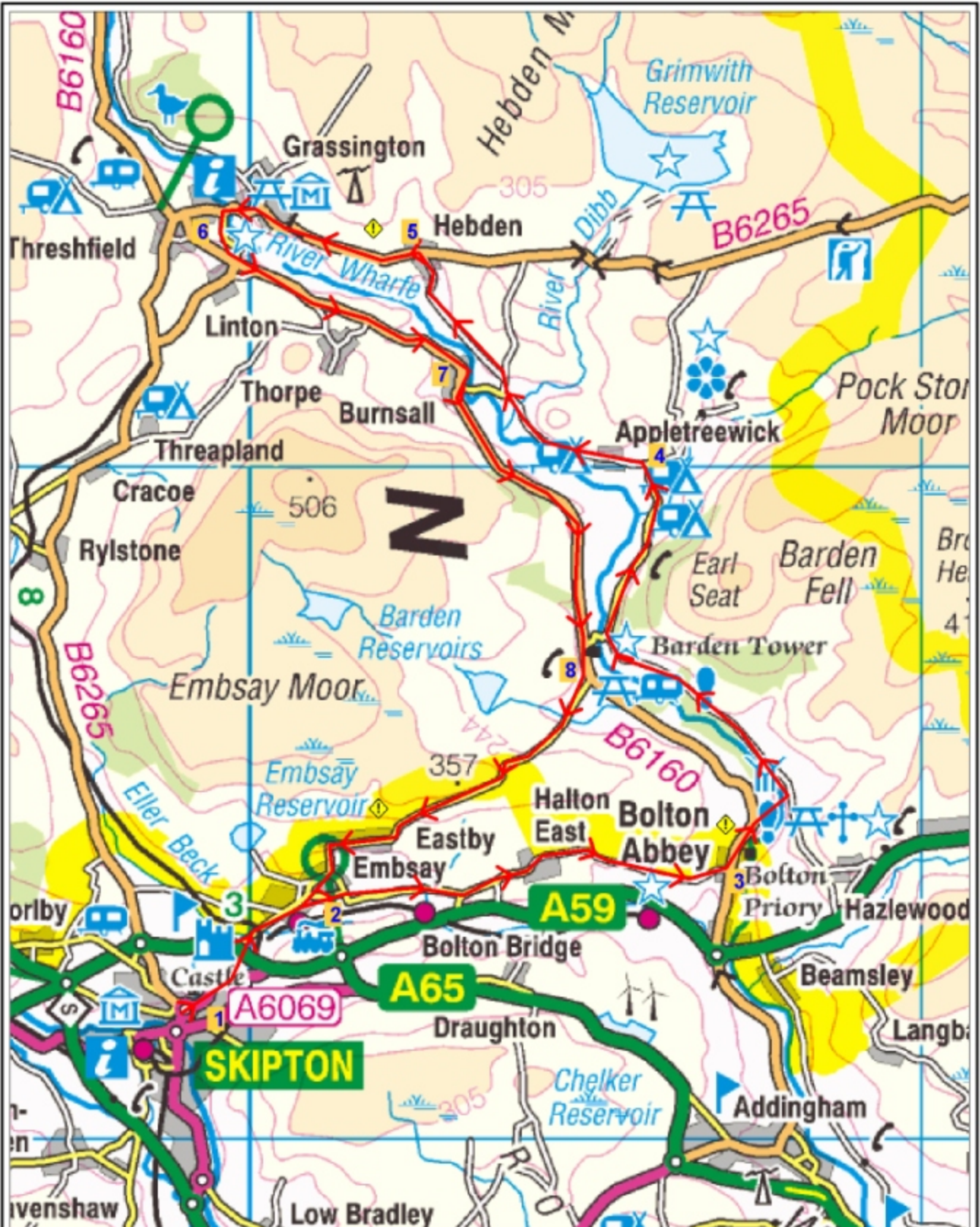
# Into Wharfedale

Scale 1:75000



Start: Skipton

Distance: 29 miles (48km)



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## IN TO WHARFEDALE

Start and finish	Skipton or Grassington National Park Centre
Distance	29 miles (48km)
Refreshments	Skipton, Bolton Abbey, Hebden, Grassington, Burnsall, Appletreewick, Embsay
Toilets	Grassington, Hebden, Burnsall, Bolton Abbey
Nearest train station	Nearest main line station is Skipton.

This route takes you quickly away from Skipton and heads to Bolton Abbey in Wharfedale. It takes the quiet road up the east side of the valley up to Grassington before heading back, with the one big climb saved until close to the end. You then get a fast run down back into Skipton.

## ROUTE DESCRIPTION

1. Starting at the top of Skipton High Street take the right fork at the roundabout signed to Embsay and Ilkley. Follow this road past the headquarters of Skipton Building Society and turn left to **Embsay**.
2. Follow this road into the village, and as you reach the shop turn right signed **Bolton Abbey**. At the next T-junction turn right again. This lovely quiet road takes you through Halton East before descending to Bolton Abbey.
3. Turn left at the T-junction and follow this road under an arch, to turn right by a fountain to go down in to Bolton Abbey grounds. At the Cavendish Pavilions cross the river on the wooden bridge. This is a permissive route so please use with respect. Turn left and go over two short climbs before following the road along the valley side. Turn right at the next junction and continue on to the next T-junction. .
4. Turn left to **Appletreewick**. Go through the village and continue on this road until you are approaching Burnsall. Just before Burnsall turn right signed **Hebden**, and then almost immediately left. This quiet back road takes you up to Hebden village and a crossroads.
5. Turn left and follow this slightly busier road through to **Grassington**.
6. Leave Grassington on the road to Skipton, cross the river, and then immediately left signed to **Linton**. At the next crossroads turn left and follow this road through to **Burnsall**.
7. Beyond Burnsall the road climbs back on to the valley side before starting a gentle descent. You pass Barden Tower on your left and then take the next right signed to **Embsay**.
8. This road takes you high up on to Embsay Moor with some great views at the top, before you descend down to Eastby. At the T-junction turn right and go back through Embsay to Skipton.

For more routes see [www.cyclethedaes.org.uk](http://www.cyclethedaes.org.uk)