

Lower Wharfedale

Start: Grassington or Bolton Abbey

Distance: 5.5 miles (9km) to 16 miles (27km)

Scale 1:62600



YORKSHIRE DALES
National Park Authority



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LOWER WHARFEDALE

Start and finish	Grassington National Park Centre or Bolton Abbey
Distance	5.5 miles (9km) to 16 miles (27km), depending on route taken
Refreshments	Grassington, Hebden, Burnsall, Appletreewick, Bolton Abbey
Toilets	Grassington, Hebden, Burnsall, Bolton Abbey
Nearest train station	Nearest main line station is Skipton. There is a station at Bolton Abbey linked to Embsay

This route explores the delights of lower Wharfedale. There are no big climbs although there are plenty of small ones. Shorter variations are possible: 5.5 miles (9km) by turning back at Burnsall, or 12 miles (20km) by turning at Barden. The route back is on a slightly busier road so you may prefer to simply retrace your route.

ROUTE DESCRIPTION

1. Turn right out of the car park and follow this road for 1.5 miles (2.5km) to Hebden and turn right towards Burnsall.
2. Turn right at the end of the lane, go downhill, and then turn left at the T-junction signed Appletreewick. Go through Appletreewick and then turn right signed to Barden.
3. Follow this for 1.2 miles (2km) until you reach the 'welcome' sign for Barden. Turn left here signed Hazlewood and Storiths.
4. After 1.5 miles (2.5km) you past a fabulous old oak tree on your left. Descend a narrow steep hill (take care), then up and over a short climb. Then over a wooden footbridge on the right to Cavendish Pavillion. The footbridge is used courtesy of Bolton Abbey Estate so please give way to pedestrians.
5. Leave Bolton Abbey grounds, turn right and follow this B road to Burnsall. This has more traffic than the road on the other side of the valley so you may prefer to retrace the route out.
6. Go through Burnsall village and continue for 1.8 miles (3km) to a right turn signed to Linton church. Follow this road to the end and turn right back into Grassington.