

EXPLORING SWALEDALE

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|-----------------------|----------------------------|
| Start and finish | Reeth |
| Distance | 15 miles (24km) |
| Refreshments | Reeth, Feetham, Gunnerside |
| Toilets | Reeth and Gunnerside |
| Nearest train station | None close |

Swaledale is a beautiful valley to explore by bike with its quiet roads and beautiful views. This route uses the main valley road to go to Gunnerside and then includes some very quiet back roads for the return journey. The route is not completely flat, and you should expect a few climbs along the way.

ROUTE DESCRIPTION

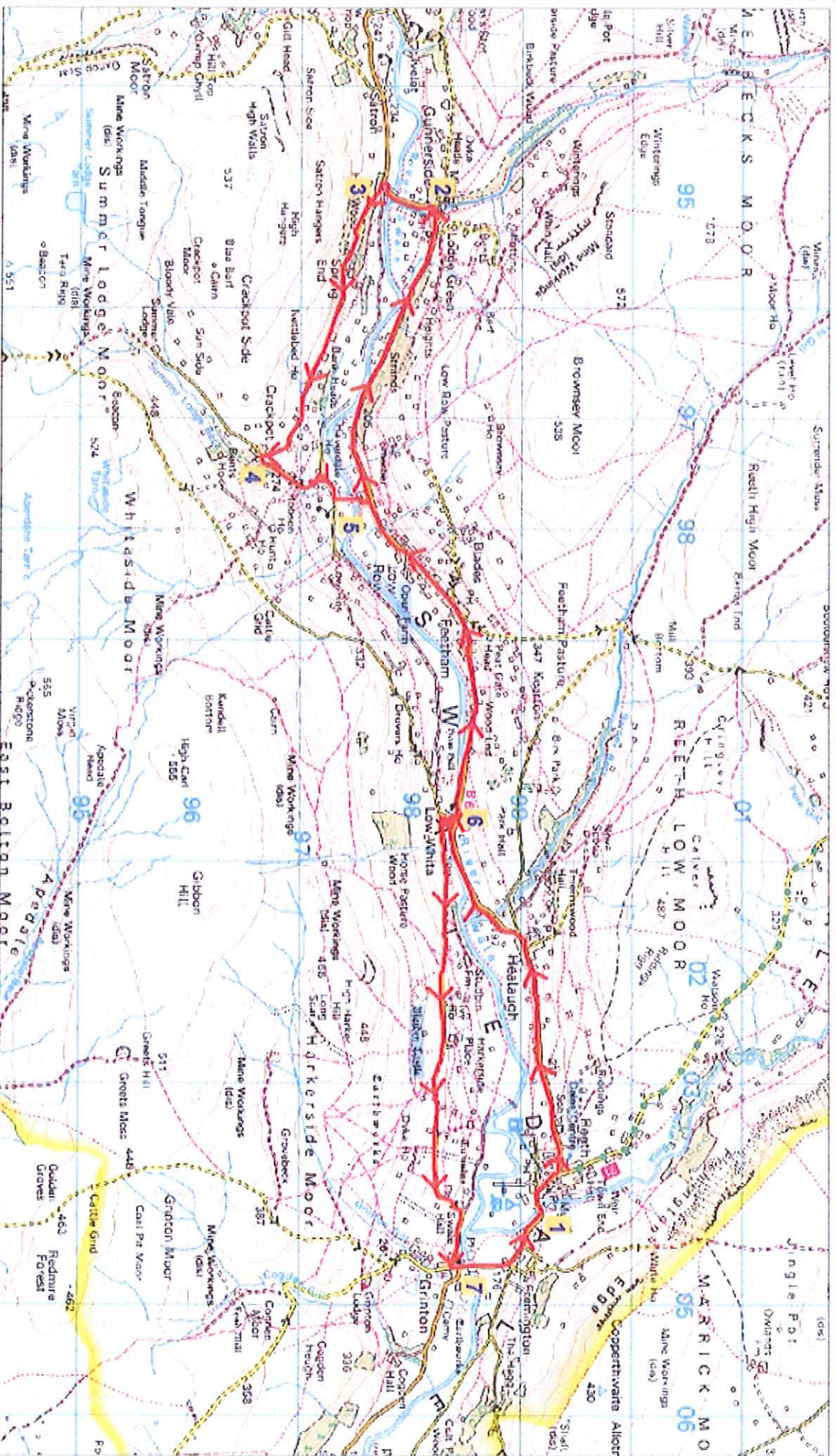
1. From the top end of Reeth take the B6270 road to Gunnerside and Muker. There is a short climb out of the village and the road then settles into a rolling route up the valley. You pass through Healaugh and then descend back to the river. You then climb up to Low Row with its pub and Hazel Brow Open Farm, before meeting the river once again.
2. Gunnerside is a good spot for a break with toilets and a small museum. Leave Gunnerside on the same road as you have been following and cross over the River Swale, and up a short climb. Where the main road goes around to the right you turn left.
3. Follow this minor road up a short steep climb before contouring above the valley to reach the splendidly named hamlet of Crackpot.
4. Leaving Crackpot take care as you go down a narrow steep descent to reach the valley bottom. Go round a sharp right bend and then turn left to cross back over the river. (You can stay on this side of the river and follow an unsurfaced track instead if you prefer).
5. Turn right back onto the main valley road and go back through Feetham. You drop back to the river and then look for the right turn signed to Askrigg and the Yorkshire Dales Cycleway.
6. Over the bridge and then turn left. This beautiful road climbs away from the river giving great views. It stays high above the valley before descending to a T-junction.
7. Turn left. After 100m turn left again on to the main valley road. This is followed back to Reeth passing the Dales Cycle Centre on the way.

Reeth - Gunnerside

Start: Reeth

Distance: 15 miles (24km)

Scale 1:47000



YORKSHIRE DALES
National Park Authority

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